

# Tamworth Mental Health Unit Design Jam Data Report

## Group 1

### Initial Design Ideas

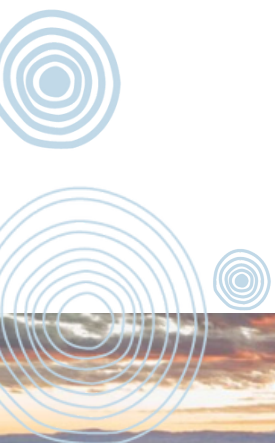
- Bringing the green inside
- Native habitat regeneration

### Natural Light and Colours

- Replicate the forecourt to an area most valued in the region through landscaping
- Somewhere to have a cuppa
- Garden/Outside area
- Make the space inviting/welcoming
- Grounded by landscape context (deinstitutionalised)
- Views
- Playing with natural light - reflection
- Ability to see the sense landscape and Country
- Open views to sky and Country from a secure feeling space
- Enclosure and openness

### Family

- Space for family/visitors
- Consider everyone's problems/circumstances
- Family orientated spaces
- Not designed like a hospital
- Culturally competent staff
- Intimate spaces
- Spaces for everyone
- Intended for various levels of engagement
- Family spaces



## **Sensory**

- Bright colours
- Sensory elements
- Sensory stimulation via the 5 senses
- Cool rainforests, open dry grasslands, lush abundant river families
- Shade/sunlight
- Texture/touch
- Smells
- Water
- Lights
- Alcoves for reflection
- Seating/chairs/healing circles
- Incorporate local Indigenous stories
- Tell a story through path of travel
- Native gardens
- Safe space

## **Group Feedback:**

### **Positive:**

- Similar themes, highlight what is the importance of this Country and the space
- Having own spaces
- Like how we spoke to Dean Street
- The design was welcoming

### **Negative**

- Sensory stimulation outside
- Not enough thought about the internal design
- A lot of consumers won't be able to access the gardens until the end of their stay

## **Ideas for Change:**

- Nil

## **Questions:**

- How much is benefitting the consumer versus the visitor?



# The Pitch

## Care

- Landscape colours and textures brought inside
- Open grassland landscape
- Sensory path
- Views to hills
- Rainforest and water cleansing
- Organic forms
- Enclosing landscape
- Smaller spaces
- Giving each ward its own identity based on the local ecologies.

## Admission

- Warmth
- Sanctuary
- Familiarity/welcoming
- Sense of place
- Hills view and morning sun
- Valley sunset views

## Green Heart

- Focal tree
- Views through from visitor entry to focal tree
- Water cascade – cooling + humidity
- Rainforest
- “Vista to stars”

## Community and Family

- Sunset views and guiding stars
- Community gathering
- Family entry
- Colours + textures of sunset and valley
- River alluvial paving colours
- Gathering spaces



## Group 2

### Initial Design Ideas

"Feeling" of the site:

- Access to gardens
- Grass
- Bring the outside in
- Local artwork to destigmatise health facilities
- Natural sound in outdoor spaces
- Warmth – creating warmth in space/earth tones/colours.
- Eliminate white/industrialised feeling
- Integration of light/outside to in. Connecting the space to have the "free-feeling"

### Aspects of Country:

- Understanding – being, staying, feeling on Country
- Views to sky
- Views to the outside
- Seamless connection from Country to facility (integration)
- Connection/views to the sky + stars
- Connection with water
- Seeing the stars while touch earth
- Bush living/being on Country
- Shade + canopy trees + sound of wind
- Showcase/celebrate surrounding mountains
- Light/shadow play (Kamilaroi Sunsets!!)
- Medicine plants

### Safe and Welcome:

- Smoking ceremony space
- Alternative healing access
- Yarn circle
- Feeling safe/safe space
- Safe spaces
- Warrior motif
- Increasing employment to make welcoming space
- Welcoming entrance that invites warmth

### Variety of Spaces:

- Private spaces for families
- Access to different types of spaces
- Understanding of space and what it means to each individual/family
- Knowledge of culture
- Murals on glass
- Study nooks
- Area to display collaborations
- Opportunities to introduce sound
- Sport courtyard
- Goals
- Ball hoop
- Badminton



## Group Feedback:

### Positive:

- Footprints – link
- Wayfinding to lift you up
- Welcoming space
- Medicinal plants
- Soft edges – organic curves and relaxed furniture
- Outside in
- Different uniforms

### Negative

- Rocks = weapons

### Ideas for Change:

- Something on the roof of the link for people entering in beds
- Bringing something from Country

### Questions:

- Will the discharge area be separate from entrance? (Family or link?)
- How do the patterns connect from the Link to the rest of the space?





# The Pitch

## Consumer Journey

The group wanted to look at the consumer journey holistically. discussing the touch points along the journey from admission to discharge.

- The consumer link bridge which is attached to the main hospital, consider the external views out to the mountains. Consideration for the Consumer's current health status and most patients would be looking down there could be prints or patterns on the floor to feel a connection through this wayfinding.
- Wayfinding
  - The use of patterns or footprints could be incorporated throughout the building to orientate consumers
- Bedrooms
  - Ensuring they are a safe space, have artwork on the walls
  - Have desks in the bedrooms and include a reflective space
- Courtyards
  - Opportunity for consumers to take their shoes off to connect with Country
  - Group and/or individual activities ie, painting (on the glass/windows), weaving
  - Native gardens, consumers could care for the gardens during their stay and take some plants home
- Creating different spaces in the unit
  - Creating small nooks for quiet time, to read or listen to music
  - A sensory room, music or lighting
  - the rooms will have soft comfortable furnishings
- Foyer and family spaces and the entry to the building, ensuring it is welcoming and non-institutional feeling.
- Use of landscape at the entry to soften the look/feel
- Discharge
  - Using the footprints/patterns in the group as wayfinding - completing the journey through the facility
  - Coming out to the natural spaces

